

Ministry of Health

National Institute of Health

new coronavirus

Ten behaviours to follow

- 1) Wash your hands often
- 2) Avoid close contact with people who suffer from acute respiratory infections
- 3) Do not touch your eyes, nose and mouth with your hands
- 4) Cover your mouth and nose if you sneeze or cough
- 5) Do not take antiviral or antibiotic drugs that aren't prescribed to you
- 6) Sanitize and clean surfaces with disinfectants containing chlorine or alcohol
- 7) Use a mask only if you suspect you are sick or if you assist sick people
- 8) Products made in China and packages received from China are not dangerous
- 9) Pets do not spread the new coronavirus
- 10) In case of doubt do not go to the emergency room: call your family doctor and if you think you are infected call 112.

Texts have been edited by Task Force Communication NIH based on sources from:

OMS, ECDC and NIH National Institute of Health NIH – 24th February 2020